

## Erasmus+ promoting physical activity and cooperation in education and training

### MAIN INFO

|                            |   |                          |                |
|----------------------------|---|--------------------------|----------------|
| <b>SALTO E&amp;T link:</b> | <a href="https://salto-et.net/events/show/LV01_0471_THO_2023">https://salto-et.net/events/show/LV01_0471_THO_2023</a> |                          |                |
| <b>Sector:</b>             | <b>SE</b> <b>VET</b> <b>HE</b> <b>AE</b>  | <b>Priority:</b>         | Other          |
| <b>Scope:</b>              | Transnational   |                          |                |
| <b>Type of presence:</b>   | Face-to-Face  | <b>Venue country:</b>    | Latvia         |
| <b>Venue city:</b>         | Riga  | <b>Working language:</b> | English        |
| <b>Key Action:</b>         | Not applicable  | <b>TCA documents:</b>    | TCA agenda.pdf |
| <b>Postponed:</b>          | No  | <b>E+ Academy:</b>       | No             |
| <b>Start date:</b>         | 06.05.2023  | <b>End date:</b>         | 09.05.2023     |
| <b>Subtopic:</b>           | <b>application</b> <b>networking</b> <b>EU policy</b> <b>raising awareness</b>  |                          |                |

### TCA DESCRIPTION

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|--------------------------------|--|
| <b>Themes and goals:</b>       | <p>As part of the European Commission Sport policy, various tools and initiatives have been developed in recent years to support and promote active and healthy lifestyle. However, studies (e.g., Special Eurobarometer report 472 published in 2018) show that the participation in physical activity Europe-wide is still low. The Council Recommendation of 26 November 2013 on promoting health-enhancing physical activity across sectors has stressed the importance of the strategic cross-sectoral approach in promoting health-enhancing physical activity involving all levels of all relevant Ministries, bodies and organizations. This TCA, therefore, aims to contribute to the European Commission goal by increasing awareness and promoting physical activity in Education and Training through Erasmus+. The main goals of this thematic seminar are:- to identify sectoral challenges and discover ways how Erasmus+ can help in promoting physical activity in education and training;- encourage cooperation and development of Erasmus+ projects with focus on promoting physical activity as part of education and training;- learn about Erasmus+ tools and initiatives that promote healthy lifestyle (especially in education) at national and EU levels;- exchange ideas and existing good practices about the topic; TCA will be a two-day event that will begin with a real grassroots sport activity for the participants – joint participation in marathon (5km distance).</p> |
| <b>Expected results:</b>       | <p>Participants will have: - learned about Erasmus+ programme and how it can help to develop new cooperation with regards to the topic;- learned about Erasmus+ tools and initiatives that promote healthy lifestyle (especially in education);- exchanged ideas and good practices about the topic; - developed new contacts for future cooperation; - gained real grassroots sport experience;</p>   |
| <b>Additional information:</b> | <p>LV01 will provide accommodation up to 3 nights, as well as costs for the meals in accordance with the agenda of the event. 06.05.2023. Arrival, dinner and</p>  |

social programme 07.05.2023. Theoretical and practical preparation and participation at the “Rimi Riga Marathon” (5km distance) - full day programme, dinner Alternative: orientation activity in Riga 08.05.2023. Full day programme, dinner 09.05.2023. Departure of participants

## PARTNERS AND PARTICIPANTS

**Organiser NA:** LV01 - Valsts izglītības attīstības aģentūra / State Education Development Agency

**Number of participants:** 100

**Target group:**

**Erasmus+ Programme experience level:**

**Profile of participants:** Representatives from all education and training sectors, potential KA1 and KA2 applicants former/current beneficiaries, E+ newcomers, stakeholders, social partners, educators, education managers, experts etc., who are interested in promoting sport, physical activity and healthy lifestyles in education and training. Representatives from Sport sector (sport staff, coaches, etc.) who are interested in developing cross-sectoral cooperation between Sport and Education and Training and to contribute to the seminar are welcome to join the event.

**Participants per country:** 40 - Latvia

**Sending partner(s) - Booked places:** AT01 - - | CZ01 - 3 | DE03 - 3 | EE01 - 6 | ES01 - 7 | IE01 - 4 | LT01 - 35 | LV01 - 40 | NL01 - 3 | NO01 - 4 | PL01 - 4 | PT01 - 3 | SE01 - 2 | TR01 - 3

**Pending Sending partner application(s) - Booked places:** -

**Accepted Sending partner(s) - Accepted places:** AT01 - 5 | CZ01 - 3 | DE03 - 3 | EE01 - 6 | ES01 - 7 | IE01 - 4 | LT01 - 15 | LV01 - 40 | NL01 - 3 | NO01 - 4 | PL01 - 4 | PT01 - 3 | SE01 - 2 | TR01 - 3

**Pending booked places:** 0

**Accepted places:** 102

## TCA PARTICIPANT APPLICATION

**Start date of TCA Participant Application:** 23.02.2023 **Application deadline:** 06.04.2023

**Confirmation deadline for Sending NAs:** 06.04.2023 **Confirmation deadline for Organiser NAs:** 06.04.2023

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