

Transversal Skills and Wellbeing through Erasmus+ mobilities

MAIN INFO

SALTO E&T link: https://salto-et.net/events/show/IE01 0743 THO 2025

Sector: VET Priority: Other

Scope: Transnational

Type of presence: Face-to-Face **Venue country:** Ireland

Venue city: Dublin **Working language:** English

Key Action: KA1 TCA documents:

Postponed: No E+ Academy: No

Start date: 05.10.2025 **End date:** 08.10.2025

Subtopic: newcomers mobility networking strategic partnership

TCA DESCRIPTION

Themes and goals:

Transversal Skills and Wellbeing TCA is targeted at VET organisations that are looking to explore opportunities and develop partnerships for new or expanded mobility programmes involving VET learners and staff. Participants should be planning to submit an Erasmus+ Key Action 1 proposal in response to one of the upcoming deadlines. The Transversal Skills and Wellbeing through Erasmus+ is a two-day event exploring transversal skills development as a subset of Wellbeing and self-care. These skills are important and helpful for mobility participants as they navigate their new environment and host culture. Technical learning is important, but participants are often required to use a range of skills that go beyond this. They need to be able to find their way around a new place, organise accommodation, communicate in a new language environment and work in intercultural teams. This requires a high level of transversal skills competence. These skills greatly assist the individual to settle into their placement thus enhancing the positive impact of same. A competency framework and toolkit for process-based learning will frame the work of this TCA. This seminar will also provide insights into funding opportunities for learner and staff mobility in VET, providing examples of good practice and opportunities for developing new partnership with Irish and international participants. Objectives: To equip participants with knowledge, tools and techniques to develop key transversal skills and enhance the wellbeing of their mobility participants. To improve the preparation phase of the mobility so that the learners can navigate their new environment and host culture with greater ease. To explore the positive impact of the mobility placement for participants through the promotion of transversal skills and positive wellbeing practices in the classroom. Be better positioned to work in partnership with other institutions in the design and delivery of new VET learner and staff mobility programmes in Erasmus+

Expected results: Learning outcomes: participants will understand the impact and benefit of



Erasmus+ VET mobility for the transversal skills development. participants will have tools and practices to encourage the development of transversal skills of the mobility participants. participants with have tools and techniques to use with

their mobility participants for enhanced wellbeing and positive self-

care. participants will know what opportunities exist for financing VET learner

and staff mobility via the Erasmus+ programme

Additional information:

Arrivals evening of Sunday 5th October. The event begins on the morning of 6th October, with a full day of activities on 6th and ending at 5.30 p.m. on 7

October. Participants must be available to attend the full two days of activities,

with departure 8 October

PARTNERS AND PARTICIPANTS

Organiser NA: IE01 - Léargas

Number of participants:

40

Target group:

Education professionals

Erasmus+ Programme experience level:

Newcomers

Profile of participants:

Potential KA122 VET applicants only including: Newcomers Less Experienced

Organisations Supporting organisations cannot attend.

Participants per

country:

Sending partner(s) -

Booked places:

AT01 - 2 BE01 - 3 DE02 - DK01 - 2 EL01 - 3 ES01 - 3 FI01 - 2 IE01 - - LV01 - 3 PL01 - 2 RO01 - 3 SI01 - 1 BE03 - 1 PT01 - 3

TR01 - 2 | IT01 - 3

Pending Sending partner application(s) - Booked places:

Accepted Sending partner(s) - Accepted

places:

AT01 - 2 BE01 - 3 DE02 - 2 DK01 - 2 EL01 - 3 ES01 - 3 Fl01 - 2 IE01 - 15 LV01 - 3 PL01 - 2 RO01 - 3 Sl01 - 1 BE03 - 1 PT01 - 3

TR01 - 2 IT01 - 3

Pending booked

places:

0

Accepted places: 50

TCA PARTICIPANT APPLICATION

Start date of TCA

Participant Application:

21.05.2025

Application deadline: 05.09.2025



Confirmation deadline 08.09.2025 **for Sending NAs:**

Confirmation deadline 09.09.2025 **for Organiser NAs:**



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