



EUROPEAN UNION

27 – 29 May 2024,  
Bergisch Gladbach

# Optim-AL 3: How to involve Learners in KA1 projects

## Training and Cooperation Activity

Sport  
Youth  
Higher education  
School education

Vocational education  
and training

Adult education

**Erasmus+**  
Enriching lives, opening minds.

Nationale Agentur  
beim Bundesinstitut  
für Berufsbildung

**NABİBB**  
BILDUNG FÜR EUROPA



## Day 1 – Monday, 27th May 2024

14:00-15:00	<b>REGISTRATION AND REFRESHMENTS</b>
15:00-15:45	<b>Welcome and Icebreaker</b> Claudia Laubenstein and Paul Guest
15:45-16:45	<b>Introduction to Erasmus+ Key Action 1 and EPALE</b> Anke Michaela Dreesbach and Tanja Möller
16:45-17:15	<b>BREAK</b>
17:15-18:15	<b>Sharing Mobility Good Practice</b> Julia Francke, Gisela Winkler and Hella Krusche
18:15-19:00	<b>BREAK</b>
19:00-20:00	<b>COMMON DINNER</b>
20:00-21:00	<b>Fun and Familiarity</b>

## Day 2 – Tuesday, 28th May 2024

09:15-09:30	<b>Welcome Back and Programme for Day Two</b> Paul Guest
09:30-10:00	<b>Inclusive Mobility: Creative Start to the Day</b>
10:00-11:00	<b>Speed Dating</b>
11:00-11:30	<b>BREAK</b>
11:30-12:30	<b>Working Groups 1: Needs, Benefits and Challenges of Mobility for Adult Education Organisations</b> Paul Guest and Erasmus+ National Agencies
12:30-13:30	<b>LUNCH</b>
13:30-14:00	<b>Erasmus+ Mobility: Back to Basics</b>
14:00-15:30	<b>Working Groups 2: Benefits, Challenges and Solutions - Effective Engagement and Support of Adult Learners in Mobility</b> Paul Guest and Erasmus+ National Agencies
15:30-16:00	<b>BREAK</b>
16:00-17:00	<b>Team Challenge</b>
17:30-19:30	<b>Bus Transfer followed by Cologne City Tour (Walking tour)</b>
20:00-21:45	<b>COMMON DINNER</b>
22:00-22:30	<b>Return to Hotel - Bus Transfer</b>

## Day 3 – Wednesday, 29th May 2024

09:30-09:50	<b>Welcome Back, Energiser and Programme for Day Three</b> Paul Guest
09:50-10:00	<b>Lost and Lonely</b>
10:00-11:00	<b>Working Groups 3: Building an Optimal Programme for Inclusive Adult Learner Mobility</b> Paul Guest and Erasmus+ National Agencies
11:00-11:30	<b>BREAK</b>
11:30-12:00	<b>Open Questions to NAs</b>
12:00-12:15	<b>Conclusions and Event Close</b>
12:45-13:30	<b>BUFFET LUNCH</b>

## Venue

Kardinal Schulte House  
Overather Str. 51-53, 51429 Bergisch-Gladbach  
[www.tagen.erzbistum-koeln.de](http://www.tagen.erzbistum-koeln.de)

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